



- Providing Excellence in Holistic Phyto-Aromatherapy & Herbal Education -

## Essential Oils discussed in Professional Aromatherapy Certification Program

\*There may be additional oils discussed in the course not listed.

As you begin your aromatherapy studies at the JennScents Aromaverity, you can obtain all the essential oils and carriers at the beginning of your studies or choose a select few to build up your stock throughout your training. We do have a few [Aromatherapy Supply Packages](#) available in our JennScents Aromatherapy online store.

### Essential Oils (EOs)

Course 1-2	Course 3-7 (new EOs)
Bergamot, <i>Citrus bergamia</i>	Anise, <i>Pimpinella anisum</i>
Roman chamomile, <i>Anthemis nobilis</i>	Basil, Holy, <i>Ocimum sanctum</i>
Cinnamon, <i>Cinnamomum zeylancium</i>	Basil, Sweet, <i>Ocimum basilicum</i>
Eucalyptus, <i>Eucalyptus globulus</i>	Bay laurel, <i>Laurus nobilis</i>
Citronella, <i>Cymbopogon nardus</i>	Benzoin, <i>Stryax benzoin</i>
Clary sage, <i>Salvia sclarea</i>	Birch, <i>Betula lenta; alleghaniensis</i>
Cypress, <i>Cupressus sempervirens</i>	Black pepper, <i>Piper nigrum</i>
Frankincense, <i>Boswellia carteri</i>	Cardamom, <i>Elettaria cardamomum</i>
Juniper, <i>Juniperus communis</i>	Carrot seed, <i>Daucus carota</i>
Lavender, <i>Lavandula angustifolia</i>	Cedar, <i>Cedrus atlantica</i>
Lemon, <i>Citrus limonum</i>	Cedar, Virginia, <i>Juniperus virginiana</i>
Myrrh, <i>Commiphora myrrha</i>	Clove (bud), <i>Eugenia caryophyllata</i>
Orange, <i>Citrus sinensis</i>	Coriander, <i>Coriandrum sativum</i>
Palmarosa, <i>Cymbopogon martini</i>	Blue Cypress, <i>Callitris intratropica</i>
Patchouli, <i>Pogostemon cablin</i>	Elemi, <i>Canarium luzonicum</i>
Peppermint, <i>Mentha x piperita</i>	Fennel, <i>Foeniculum vulgare</i>
Pine, <i>Pinus sylvestris</i>	Fenugreek, <i>Trigonella foenum-graecum</i>
Ravintsara, <i>Cinnamomum camphora</i>	Fir, Douglas, <i>Psuedotsunga menziesii</i>
Rose, <i>Rosa damascena</i>	Fir, Silver, <i>Abies alba</i>
Rosemary, <i>Rosmarinus officinalis</i>	Helichrysum, <i>Helichrysum italicum</i>
Rosewood, <i>Aniba rosaeodora</i>	Geranium, <i>Pelargonium graveolens</i>
Sandalwood, <i>Santalum album</i>	Ginger, <i>Zingiber officinalis</i>
Tea Tree, <i>Melaleuca alternifolia</i>	Grapefruit, <i>Citrus paradisi</i>
Ylang Ylang, <i>Canaga odorata</i>	Hyssop, <i>Hyssopus officinalis</i>
	Inula, <i>Inula graveolens; helenium</i>
	Jasmine, <i>Jasminum officinalis; grandiflorum</i>
	Lime, <i>Citrus aurantifolia</i>

	Red Mandarin, <i>Citrus reticulata</i>
	Marjoram, <i>Origanum marjorana</i>
	Niaouli, <i>Melaleuca quinquenervia</i>
	Nutmeg, <i>Myristica fragrans</i>
	Oregano, <i>Origanum vulgare; compactum</i>
	Spearmint, <i>Mentha spicata</i>
	Spruce, <i>Tsuga canadensis; Picea sitka; Picea alba</i>
	Thyme, <i>Thymus vulgaris ct. linalol</i>
	Turmeric, <i>Curcuma longa</i>
	Vetiver, <i>Vetiveria zizanoides</i>
	Yuzu, <i>Citrus junos</i>

### Carriers discussed in Clinical Aromatherapy Certification Program

\*There may be additional oils discussed in the course not listed.

- |   |                         |
|---|-------------------------|
| 1. Almond Oil                             | 16. Hemp oil            |
| 2. Aloe Vera Gel                          | 17. Honey               |
| 3. Apricot oil                            | 18. Jojoba oil          |
| 4. Argan oil                              | 19. Olive oil           |
| 5. Arnica oil                             | 20. Plant Enzyme Liquid |
| 6. Baking soda                            | 21. Pumpkin seed oil    |
| 7. Black Cumin oil, <i>Nigella sativa</i> | 22. Rosehip oil         |
| 8. Calendula Oil                          | 23. Safflower oil       |
| 9. Castile soap                           | 24. Salt, Sea or Epsom  |
| 10. Castor oil                            | 25. Silver, hydrosol    |
| 11. Coconut Oil, virgin & unfractionated  | 26. Shea Butter         |
| 12. Evening Primrose oil                  | 27. Sunflower oil       |
| 13. Golden salve                          | 28. Vegetable glycerin  |
| 14. Grapeseed oil                         | 29. Vitamin E oil       |
| 15. Hazelnut oil                          | 30. Witch hazel         |



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### **Bottles recommended for the Professional Aromatherapy Certification Program**

- Bottles: 6 quantity each (for practice & case studies)
  - Glass and/or BPA-free plastic spray, 2oz.
  - Glass and/or BPA-free plastic spray, 4oz.
  - Glass and/or BPA-free plastic flip or treatment pump, 2oz.
  - Glass and/or BPA-free plastic flip or treatment pump, 4oz.
  - Roll-on bottles, 10mL
  - 5mL, 10mL or 15ml empty amber essential oil bottles to create certain blends (helpful for diffuser blends)
  - Nasal atomizers
  
- Jars: 6 quantity, minimum recommended
  - Glass & BPA-free plastic jars, 2oz.
  - Glass & BPA-free plastic jars, 4oz.

### **Miscellaneous recommended for the Professional Aromatherapy Certification Program**

- Diffuser (optional) – Ultrasonic, necklace, car, bracelet, etc.
- Recipe Journal and/or Recipe Cards
- Client File: a secure place or folder to store client intake forms, and to write down client recipes with follow up information
- Mixing Utensils
  - Stir Sticks (stainless steel preferred)
  - Mixing bowls
  - Small funnel
  - Pipettes

### **Purchasing Supplies**

You may use your own supply of essential oils as long as they are 100% pure, unadulterated, non-synthetic, and non-gmo essential oils from a reputable source. Do not use fragrance oils