

Essential Oils discussed in Clinical Aromatherapy Certification Program

*There may be additional oils discussed in the course not listed.

As you begin your aromatherapy studies at the JennScents Aromaversity, you can begin with a select few essential oils & carriers to build up your stock throughout your training. You can also purchase the ones within our [Aromatherapy Supply Packages](#) found at our JennScents Aromatherapy online store, or purchase all of them in the beginning of your studies.

1. <i>Ammi Visnaga</i> – Ammi Visnaga
2. <i>Artemisia dracunculus</i> - Tarragon
3. <i>Boswellia carterii</i> - Frankincense
4. <i>Canaga odorata</i> – Ylang Ylang
5. <i>Canarium luzonium</i> - Elemi
6. <i>Chamaemelum nobile; Anthemis nobilis</i> – Chamomile, Roman
7. <i>Cinnamomum camphora</i> – Ravintsara
8. <i>Cinnamomum zeylancium</i> - Cinnamon
9. <i>Citrus bergamia</i> - Bergamot
10. <i>Citrus limonum</i> - Lemon
11. <i>Citrus medica</i> - Lime
12. <i>Citrus paradisi</i> – Pink Grapefruit
13. <i>Citrus reticulata</i> - Red Mandarin
14. <i>Citrus sinensis</i> – Sweet Orange
15. <i>Commiphora myrrha</i> - Myrrh
16. <i>Coriandrum sativum</i> - Coriander
17. <i>Cupressus sempervirens</i> - Cypress
18. <i>Cymbopogon flexuosus</i> - Lemongrass
19. <i>Cymbopogon martini</i> - Palmarosa
20. <i>Cymbopogon nardus</i> - Citronella
21. <i>Daucus carota</i> - Carrot
22. <i>Eucalyptus globulus</i> - Eucalyptus
23. <i>Eugenia caryophyllata</i> - Clove

24. <i>Ferula galbaniflua</i> - Galbanum
25. <i>Foeniculum vulgare</i> - Fennel
26. <i>Helichrysum italicum</i> - Helichrysum
27. <i>Inula helenium; graveolens</i> - Inula
28. <i>Jasminum officinale</i> - Jasmine
29. <i>Juniperus communis</i> - Juniper
30. <i>Juniperus virginiana</i> - Cedar
31. <i>Laurus nobilis</i> – Bay Laurel
32. <i>Lavandula angustifolia</i> - Lavender
33. <i>Litsea cubeba</i> - May Chang
34. <i>Melaleuca alternifolia</i> – Tea Tree
35. <i>Melaleuca quinquinervia</i> – Niaouli
36. <i>Melissa officinalis</i> - Melissa
37. <i>Mentha x piperita</i> - Peppermint
38. <i>Mentha spicata</i> - Spearmint
39. <i>Myrtle communis</i> - Myrtle
40. <i>Ocimum basilicum</i> – Basil
41. <i>Citrus aurantium</i> - Neroli
42. <i>Origanum marjorana</i> - Marjoram
43. <i>Origanum vulgare</i> - Oregano
44. <i>Pelargonium graveolens</i> - Geranium
45. <i>Petroselinum sativum</i> - Parsley
46. <i>Pimpinella anisum</i> - Anise
47. <i>Pinus sylvestris</i> - Pine
48. <i>Piper nigrum</i> – Black Pepper
49. <i>Pogostemon patchouli</i> - Patchouli
50. <i>Rosa damascena</i> - Rose
51. <i>Rosmarinus officinalis</i> - Rosemary
52. <i>Salvia sclarea</i> – Clary Sage

53. <i>Salvia officinalis</i> - Sage
54. <i>Satureja Montana</i> - Savory
55. <i>Stryax benzoin</i> - Benzoin
56. <i>Thymus vulgaris ct. linalol</i> – Thyme, Sweet
57. <i>Vetiveria zizanoides</i> - Vetiver
58. <i>Achillea millefolium</i> - Yarrow
59. <i>Zingiber officinale</i> - Ginger
60. <i>Aniba rosaeodora</i> – Rosewood*
61. <i>Aquilaria sp. agarwood</i> – Agarwood*
62. <i>Santalum album; spicatum</i> – Sandalwood*

Carriers discussed in Clinical Aromatherapy Certification Program

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| 1. Almond Oil | 18. Grapeseed oil |
| 2. Aloe Vera Gel | 19. Hazelnut oil |
| 3. Apricot oil | 20. Hemp oil |
| 4. Aquasol silver & colloidal silver | 21. Honey |
| 5. Avocado oil | 22. Hyaluronic Acid |
| 6. Baking soda | 23. Jojoba oil |
| 7. Black Cumin oil, <i>Nigella sativa</i> | 24. Kukui Nut Oil |
| 8. Black ointment | 25. Olive oil |
| 9. Black Tea | 26. Plant Enzyme Liquid |
| 10. Calendula Cream or Oil | 27. Prickly Pear oil |
| 11. Carrot Seed oil | 28. Rosehip oil |
| 12. Castile soap | 29. Safflower oil |
| 13. Castor oil | 30. Sea salt |
| 14. Clay, Hydrated Bentonite | 31. Shea Butter |
| 15. Coconut Oil, virgin & unfractionated | 32. Sunflower oil |
| 16. Evening Primrose oil | 33. Vitamin E oil |
| 17. Golden salve | 34. Witch hazel |



- Providing Excellence in Holistic Phyto-Aromatherapy & Herbal Education -

Bottles recommended for the Professional Aromatherapy Certification Program

- Bottles: 6 quantity, minimum recommended
 - Glass & BPA-free plastic spray, 2oz.
 - Glass & BPA-free plastic spray, 4oz.
 - Glass & BPA-free plastic flip or treatment pump, 2oz.
 - Glass & BPA-free plastic flip or treatment pump, 4oz.
 - Roll-on bottles, 10mL
 - 5, 10 or 15ml empty amber essential oil bottles to create certain blends, helpful for diffuser blends
 - Nasal atomizers

- Jars: 6 quantity, minimum recommended
 - Glass & BPA-free plastic jars, 2oz.
 - Glass & BPA-free plastic jars, 4oz.

Miscellaneous recommended for the Professional Aromatherapy Certification Program

- Diffuser (optional) – Ultrasonic, necklace, car, bracelet, etc.
- Recipe Journal and/or Recipe Cards
- Client File: a secure place or folder to store client intake forms, and to write down client recipes with follow up information
- Mixing Utensils
 - Stir Sticks (stainless steel preferred)
 - Mixing bowls
 - Small funnel
 - Pipettes

Purchasing Supplies

You may use your own supply of essential oils as long as they are 100% pure, unadulterated, non-synthetic, and non-gmo essential oils from a reputable source. Do not use fragrance oils