

# ESSENTIAL OIL STORAGE & SHELF-LIFE GUIDELINES

Essential Oils are perishable. Thus, it is recommended to use them within one year to enjoy its full potency.

Store essential oils and aromatherapy blends in a cool, dark area away from direct heat, sunlight, and artificial light.



## Top Notes

derived from the fruit peel or pulp

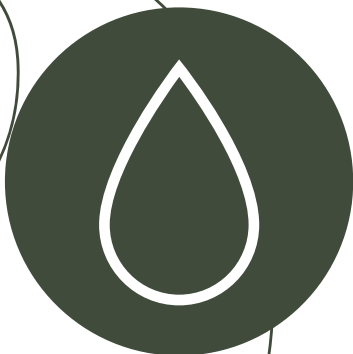
Citrus EOs contain volatile chemical constituents.

Recommended shelf life opened: 3-6 months

Recommended shelf life unopened: 6-9 months

EO's: Bergamot, Grapefruit, Lemon, Lime, Mandarin, Orange, Tangerine, Yuzu

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## Middle Notes

derived from the leaves, flowers, grass, seeds & trees

Contain semi-volatile chemical constituents.

Recommended shelf life opened: 6-9 months

Recommended shelf life unopened: 9-12 months

EO's: Bay laurel, Sweet Basil, Roman Chamomile, Cinnamon, Clary Sage, Clove, Eucalyptus, Geranium, Ginger, Helichrysum, Juniper, Lavender, Lemongrass, Marjoram, Neroli, Niaouli, Orange, Oregano, Peppermint, Pine, Ravintsara, Rosemary, Tea tree, Thyme, Ylang Ylang

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## Base Notes

derived from seeds, grass, trees, bark & resins

They contain chemical constituents that are the least volatile.

Recommended shelf life opened: 9-12 months

Recommended shelf life unopened: 12-24 months

EO's: Anise, Holy Basil, Elemi, Fennel, Frankincense, Galbanum, Jasmine, Myrrh, Palo Santo, Patchouli, Rose, Sandalwood, Tarragon, Vetiver

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